

Dreaming Application 2009

1. Why do you want to study the Toltec practice of Dreaming? What do you wish to accomplish?
2. How long have you been studying this work?
3. Please tell me if you have a history of depression, schizophrenia, epilepsy or any mental disease. Do you take medications for the above? This information will be kept absolutely confidential.
4. Gatherings will take place the following dates in 2008 (These dates are subject to change):
 - April 17-19
 - July 24-26
 - September 11-13
 - November 13-15
 - Group trip 2010. exact dates are unknown at this time
5. Do you understand you must be present for every session (only one pre-determined absence is allowed)?
6. Do you understand that any non-prearranged absence could result in your dismissal from the program?
7. Do you understand that Sheri Rosenthal, her guest instructors or staff take no responsibility for any reactions that might occur as a result of the Dreaming practice?
8. Have you honestly evaluated your financial situation regarding the cost of this program (\$285.00 per session which includes dinner Friday night, breakfast, lunch and dinner on Sat, and breakfast on Sunday and lodging) and have you factored in the cost of your travel arrangements to the Dreaming gatherings?

Name:

Address:

E-mail:

Phone:

Please email to info@sherirosenthal.com or mail to: Sheri A Rosenthal, 420 Dover Highlands Trail, Ellijay, GA 30540 or Fax to: 706.636.3965

Atlanta Dreaming 2009

Your Dreaming Chair

You will need to make sure your physical body is comfortable during this process. To do so, I recommend you purchase a chair for dreaming that is similar in design to the LaFuma folding chair for \$135.00, or another favorite, the Wal-mart Metro chair for \$35.00 which is cheap, extremely comfortable and folds up in a carry case for travel. Do a search on the web to see what these chairs look like and then go and try them out for yourself...or an imitation of them. It is best to have something that will support your neck and back since you will be sitting in this chair for many hours. Once you bring your chair to Atlanta we will make arrangements to store the chair there so that you do not have to fly with it each month.

Your Sleeping Arrangements

I recommend you purchase an inexpensive blow-up bed at Target or Wal-mart. Then you can deflate the bed and store it. You will need a set of sheets which you will take home with you and wash after each class and/or your sleeping bag. Sometimes it is chilly when we are in the dreaming state and you may want to put your blanket over you. Ear plugs are welcome to block out those who snore and I encourage you to have them. We will be all sleeping together and dreaming together for the weekend. We are a mixed group and we will fall in love with each other for sure, but that does not mean we will be intimate with each other. I hope that is clear. We are here for one purpose, and that is freedom, not for dating opportunities. Disrespectful or non-impeccable behavior is not welcome.

Personal Stuff

You will need to bring your own towel for the weekend and take it home with you. We will not do your laundry for you! Also we are in close quarters all weekend. Please make sure your personal hygiene is at its best. I am sure you will not take it personally if I must ask you to use deodorant or tell you that you need to brush your teeth or floss!

Food

I will supply dinner on Friday night, breakfast on Sat morning, lunch and dinner and breakfast on Sunday morning. If we have left over food from the weekend, you are welcome to chow down at lunch time on Sunday and finish it all before leaving for home. If you like certain snacks I recommend you bring them. If you have foods that you must eat or others that you cannot eat please let me know as I will be shopping for the entire weekend on Thursday before the workshop.

Hours

The class will begin on Friday evening at 7:30pm. We will go throughout the day and evening on Saturday and then resume on Sunday from 9-12pm. Please plan your flights accordingly. If you have a question about your flights and timing let me know.

Costs

Dreaming takes great dedication, but gives wonderful results. I myself have attended dreaming in San Diego with don Miguel for four years and only missed 5 classes! It's important to carefully evaluate the cost this event will have in your budget and your physical body. The finances are \$285.00 for the weekend workshop and the food and lodging as explained above. If you are flying in to Atlanta you will need to factor in the plane fare as part of the event. You may arrive at the airport at the same time as other dreamers. We will have an e-group created that will allow you to communicate with each other, so you can car pool, or rent cars together. Priceline is a great service to use if you underbid whatever is the going rate by \$5-10.00.

Please do not hesitate to ask me any questions you may have. I am looking forward to this exciting program and being with you! Blessings & love, Sheri